LUNCH MENU - WEEK 1 Weeks Commencing: 28.04,19.05,16.06

	KITCHEN FAVOURITES	WORLD TOUR	MARKET FRESH		SOMETHING SWEET	
MONDAY	SOUP Carrot and Orange (vg) MAINS Onion and Spinach Pakoras with Tamarind and Date Chutney, Kachumber Salad (vg) Chicken Korma 1,14 SIDES Basmati Rice(vg), Mango Chutney (vg), Charred Cauliflower and Red Onion vg) Raita 3(v) Poppadom (vg)	Panko Fish Bite Taco 1,8 with Asian Slaw, Citrus Mayo and Parmentier Potatoes 6	JACKET AND PASTA BAR Jacket Potatoes (vg) Pasta 1 (vg) Tomato and Basil (vg) Grated Cheddar 3, Parmesan 3, Garlic Bread 1, Crispy Onions, pesto, Olive Oil Baked Beans (vg)	SALAD Lentil Salad with Chickpea Harissa Dressing (vg) Roasted Squash Salad (vg) Kachumber Salad(vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Beetroot (vg) Croutons (v) Toasted Seeds	Chocolate Brownie (v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6(v) Chia Overnight Oats (vg)	
TUESDAY	SOUP Tomato & Oregano (vg) MAINS Sweet Soy Spiced Noodles 1,6 Cumberland Sausage & Roasted herby New Potatoes with Redcurrant & Balsamic Gravy 1,14 SIDES Herby Roasted New (v), Carrots (vg) Seasonal Greens (vg)	MALAYSIA Beef Chow Mein 1,2,6	Jacket Potatoes (vg) Pasta 1 (vg) Tomato & Mascarpone 3(v) Grated Cheddar 3 Parmesan 3, Garlic Bread 1, Crispy Onions, Pesto, Olive Oil Baked Beans (vg)	SALAD Herbed Black Rice Salad(vg) Crispy Potato Salad(v) Classic Slaw (vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Sweetcorn (vg), Sliced Red Cabbage (vg)	Iced Raspberry & Lemon Sponge 1,2 (v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6(v) Chia Overnight Oats 1 (vg)	
WEDNESDAY	SOUP Minestrone (vg) 1 MAINS Miso Baked Portobello Mushroom and Kimchi Onion Rolls (vg) 1,3 Slow Cooked Pork Rolls with Apple Sauce Crispy Onions and Spiced roasted Potatoes 1 SIDES Roast Potatoes (vg), Slaw, Spring Salad	AMERICAS Mexican Chicken Nacho Bake 3 SIDES Guacamole(vg) Sour Cream 3 (v) Salsa (vg)	Jacket Potatoes (vg) Pasta 1(vg) Creamy pesto and parmesan Sauce 1,3 Grated Cheddar 3, Parmesan 3, Garlic Bread 1, Crispy Onions, Fresh Basil, Olive Oil Baked Beans (vg)	SALAD Cowboy Salad 1(vg) Pesto and Green Vegetable Salad (vg) Classic Slaw (vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Sliced Peppers (vg), Grated Carrot (vg)	Apple & Strawberry Crumble & Vanilla Sauce 1, 3 (v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6(v) Chia Overnight Oats 1(vg)	

ALLERGENS: If you have an allergy or intolerance, please speak to a member of our catering team before you consume any food or drink. The written allergen information that we provide details the 14 major allergens that are contained in the ingredients. If you require further information about the presence of unintentional allergens (may contains), please ask us so that we can help you with your choice. If you are a regular customer, please continue to ask a member of our team as recipes and ingredients change.

LUNCH MENU - WEEK Weeks Commencing: 04.11, 25.11

	KITCHEN FAVOURITES	WORLD TOUR	MARKET FRESH		SOMETHING SWEET
THURSDAY	SOUP Roasted Pepper Courgette and Thyme (v) MAINS Tempura Asian Vegetables with Sweet Chilli & Steamed Rice (vg) BBQ Chicken Pieces SIDES Potato Wedges (vg), Buttered Corn on the Cob (v) Peas(vg)	SOUTH AMERICA MAINS Asian Pork Fried Rice 1,3 SIDES Steamed Bok Choi	Jacket Potatoes (vg) Pasta 1 (vg) Roasted Red Pepper & Tomato (vg) Grated Cheddar 3, Parmesan 3, Garlic Bread 1, Crispy Onions, pesto, Olive Oil Baked Beans (vg)	SALAD Roasted Garlic and Green Bean Salad (v) Caesar Salad (v) Tomato and Olive Pasta Salad 3(vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Beetroot (vg), Sliced Red Onion (vg)	Carrot Cake with Cream Cheese Frosting 1,2,3,14 (v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,6(v) Chia Overnight Oats (vg)
FRIDAY	SOUP (v) MAINS Churcher's Pizza 1,3(vg) Breaded Pollock 1,8 SIDES Skin On Fries(v) Tartare Sauce (v) Mushy Peas (vg) Baked Beans (vg), Chip Shop Curry Sauce (vg)	AMERICA MAINS Churcher's pizza 1,3 SIDES AND SAUCES Chips (v), Mushy Peas (vg), Baked Beans (vg)Chip Shop Gravy (vg) Tartare (v)	JACKET BAR Jacket Potatoes (vg) Tuna Mayo 8 Baked Beans (vg) GRAB & GO Churcher's Pizza	Ranch Salad(v) 2 Rocket Salad (vg) Roasted Beetroot (vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Edamame 6(vg), Sweetcorn (vg)	Multiseed & Berry Flapjack 1(vg) Churcher's Mess 2,3(v) Fresh Fruit (vg) Yoghurt & Granola 1,6(v) Chia Overnight Oats (vg)

ALLERGEN SYMBOLS:

- 1. Cereals containing gluten
- 2. Egg 3. Milk 4. Nuts
- 5. Peanuts 6. Soya 7. Sesame

- 8. Fish 9. Crustaceans
- 10. Celery 11. Mustard

- 12. Lupin 13. Molluscs 14. Sulphites

This should be used for guidance only and pupils with food allergens and intolerances should continue to use the allergen counter.

LUNCH MENU - WEEK 2 Weeks Commencing: 05.05,02.06,23.06

	KITCHEN FAVOURITES	WORLD TOUR	MARKET FRESH		SOMETHING SWEET
MONDAY	SOUP Leek & Potato (vg) MAINS Tomato and Basil Sauce (vg) Pasta Bolognaise 1 SIDES Garlic Bread 1 Parmesan 3 Broccoli Panzanella Salad 1	Moroccan Chicken Loaded Flatbread with Roasted Peppers, Pickled Red Onions Harrisa Yoghurt Mint and Pomegranate 1,3	JACKET BAR Baked Potatoes (vg) Roasted Sweet Potatoes Hasselback Potatoes Baked Beans (vg) Cheese 3 Chilli	SALAD Mixed Grain & Squash Salad 1(vg) Panzanella 1 (v) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Beetroot (vg) Croutons (v) Toasted Seeds	Biscoff Sponge 1,2,3,6 (v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats 1(vg)
TUESDAY	SOUP Carrot & Ginger (vg) MAINS Gochujang Glazed Sticky Tofu and Coconut Rice 6 Sticky Soy & Honey Pork Noodles 1,6 SIDES Asian Salad Prawn Crackers 9	Warm Chicken Caesar Salad 1,2,3,8	Jacket Potatoes (vg) Pasta 1 (vg) Cheese Sauce 1,3(v) Grated Cheddar 3, Parmesan 3, Garlic Bread 1, Crispy Onions, Pesto, Olive Oil Baked Beans (vg)	SALAD Roasted Vegetable Orzo 1 (vg) Broccoli Salad 3 (v) Classic Slaw (v) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Sweetcorn (vg), Sliced Red Cabbage (vg)	Iced Lemon Sponge1,2 (v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats 1 (vg)
WEDNESDAY	SOUP Pea and Mint (vg) MAINS Beetroot & Sweet Potato Wellington 1 (v) Roast Loin of Pork SIDES Roast Potatoes (vg), Glazed Carrots (vg), Peas & Spring Cabbage(vg) Yorkshire pudding 1,2,3(v)	AMERICAS MAINS Chilli Beef Burrito 1,3 Guacamole Sour Cream 3 Salsa	Jacket Potatoes (vg) Pasta 1 (vg) Spicy Tomato Grated Cheddar 3, Parmesan 3, Garlic Bread 1, Crispy Onions, Pesto, Olive Oil Baked Beans (vg)	SALAD Greek Salad 3 (v) Sticky Soy Noodle 1,6 (vg) Cajun Slaw (vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Sliced Peppers (vg), Grated Carrot (vg)	Chocolate Sponge & Chocolate Sauce 1,2,3 (v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3.6 (v) Chia Overnight Oats 1(vg)

Chia Overnight Oats 1(vg)

Sliced Red Cabbage

(vg)

LUNCH MENU - WEEK 2 Weeks Commencing: 05.05,02.06,23.06

SIDES

Skin On Fries(v) Tartare Sauce (v)

Mushy Peas (vg) Baked Beans (vg),

Chip Shop Curry Sauce (vg)

KITCHEN FAVOURITES **WORLD TOUR** MARKET FRESH **SOMETHING SWEET** Middle East **JACKET AND PASTA BAR SALAD THURSDAY** Broccoli and Cheddar 3 (vg) Lamb Kofta with Pitta Bread Jacket Potatoes (vg) Tabbouleh 1 (v) Rice Krispie Cake 1,3,6 (v) **MAINS** Pasta 1(va) Watermelon & feta 3(v) Fruit Jelly Pots (v) Minted Yoghurt Shredded Katsu Sweet Potato I (va) Cos, Chilli Sauce 1,3,14 Tomato & Mascarpone 3 (v) Fresh Fruit (vg) **Poke Bowls** Katsu Chicken 1,2,3 **SIDES** Cucumber (vg), Tomato (vg), Grated Cheddar 3, Parmesan Yoghurt & Granola 1,3,6 (v) 3, Garlic Bread 1, Crispy Mixed Leaf Salad (vg), Bejewelled Cous Cous 1,14 SIDES Chia Overnight Oats 1 (vg) Beetroot (vg), Sliced Red Onions, Pesto, Olive Oil Steamed Rice Pitta 1 Onion (vg) Japanese Slaw Baked Beans (vg) Stir-fried Greens Fattoush Salad SOUP **SALAD AMERICAS JACKET BAR FRIDAY** Vine Tomato & Pesto Soup (vg) Coleslaw(va) Jacket Potatoes (va) Vanilla sponge with Berry **MAINS** Mess topping 1,2 (v) **MAINS** Glazed Sweet Potato(va) Tuna Mayo 8 Cheeseburger in a Brioche K-dog with BBQ Sauce Crispy Onions Oreo Cheesecake 1,3 (v) Bun 1, ,3 Pickled Vegetables (vg) 1,2,3,14 Baked Beans (vg) **Poke Bowls** Fresh Fruit (vg) Cucumber (vg), Tomato **GRAB & GO** Breaded Pollock 1,8 (vg), Mixed Leaf Salad Yoghurt & Granola 1,3,6 (v) **SIDES AND SAUCES** Pulled Pork Bao Buns with (vg), Edamame (vg),

ALLERGEN SYMBOLS:

1. Cereals containing glute

Chips (v), Mushy Peas (va),

Baked Beans (vg)Chip

Shop Gravy (vg) Tartare

- 2. Egg 3. Milk
- 4. Nuts 5. Peanuts
- 6. Soya

- 9. Crustaceans
- 10. Celery 11. Mustard
- 12. Lupin 13. Molluscs
- 14. Sulphites

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Pickled Vegetables

,Pickled Ginger and Crispy

Onions 1,14

LUNCH MENU - WEEK 3 Weeks Commencing: 12.05,09.06, 30.06 KITCHEN FAVOURITES MONDAY Soup White Onion and Chive (vg)

КІТС		KITCHEN FAVOURITES	WORLD TOUR	MARKET FRESH		SOMETHING SWEET
	MONDAY	SOUP White Onion and Chive (vg) MAINS Creamy Tomato Pesto Pasta 1,3 Charred Broccolini Meatball Rigatoni Pasta Bake1, 3 SIDES Garlic Bread Tossed Salad	MAINS Pasta Carbonara 1,3 SIDES Garlic Bread 1 Tossed Salad	JACKET BAR Jacket Potatoes Sweet Potatoes Hasselback (vg) Baked Beans (vg) Cheese chefs special	SALAD Freekah with Cherry Tomato I (vg) Indian Spiced Cauliflower & & Rice Salad(v) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Beetroot (vg) Croutons (v) Toasted Seeds	Chocolate Chip Shortbread Rounds 1,3,6(v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6(v) Chia Overnight Oats 1(vg)
	TUESDAY	SOUP Tomato and Basil (vg) MAINS Fully Loaded Roasted Vegetable & Black Bean Burrito 1,3 (vg) Mexican Chicken Nachos 3 SIDES Bran Tortilla Wrap 1 Sour Cream 3 Guacamole Salsa Grated Cheese 3	ASIA Spring Rolls with Curry Sauce & Fried Rice 1	Jacket Potatoes (vg) Pasta 1 (vg) Tomato and Basil Sauce 1,3 Grated Cheddar 3 Parmesan 3, Garlic Bread 1 Crispy Onions, Pesto, Olive Oil Baked Beans (vg)	SALAD Mexican Corn & Bean Salad(vg) Pesto Pasta Salad I(vg) Classic Slaw (v) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Sweetcorn (vg), Sliced Red Cabbage (vg)	Raspberry Ripple Sponge 1,2 (v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats 1 (vg)
	WEDNESDAY	SOUP Vegetable Laksa with Lemongrass and Lime Leaf (vg) MAINS Tomato and Basil Risotto with Toasted Seeds and Basil Oil (v) Chicken and Chorizo Paella Style 3 SIDES Patatas Bravas (v)1,3, Spanish Salad (vg) 14	Chipotle Pulled Beef Soft Tacos with Pickled Red Onion, Apple Slaw and Guacamole 1	JACKET AND PASTA BAR Jacket Potatoes (vg) Pasta 1(vg) Spiced Tomato Cream Sauce 1,3 Grated Cheddar 3 Parmesan 3, Garlic Bread 1, Crispy Onions, Pesto, Olive Oil Baked Beans (vg)	SALAD Spanish Salad (v) Celeriac & Apple Salad(vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Sliced Peppers (vg), Grated Carrot (vg)	Apple Crumble with compote and whipped cream 1,3,(v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats 1 (vg)

LUNCH MENU - WEEK 3 Weeks Commencing: 12.05,09.06, 30.06

THURSDAY

FRIDAY

KITCHEN FAVOURITES	WORLD TOUR	MARKE	T FRESH	SOMETHING SWEET	
SOUP Mexican Hot Bean (vg) MAINS Roasted Veg Spinach and Ricotta Lasagne 1,3 (v) Lean & Green Lasagne 1,3 SIDES Garlic Bread 1 Italian Salad 3 Broccoli and Corn	ASIA MAINS Sweet and Sour Chicken with Egg Fried Rice 1,2,6	Jacket Potatoes (vg) Pasta 1 (vg) Very Cheesy Sauce 1,3(v) Grated Cheddar 3 Crispy Bacon, Pangritata 1 Parmesan 3, Garlic Bread, 1 Crispy Onions, Fresh Basil, Olive Oil Baked Beans (vg)	SALAD Chinese Noodle 1 (v) Broccoli, Kale & Mixed Grain 1 (vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Beetroot (vg), Sliced Red Onion (vg)	Sticky Toffee Sponge and Toffee Sauce 1,2,3(v) Fruit Jelly Pots (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6(v) Chia Overnight Oats 1 (vg)	
SOUP Sweetcorn Chowder (vg) MAINS Sweet Chilli Tofu Sliders(vg) 1,6 Breaded Pollock 1,8 SIDES Skin On Fries(v) Tartare Sauce (v) Mushy Peas (vg) Baked Beans (vg), Chip Shop Curry Sauce (vg)	AMERICAS MAINS Chicken & Bacon Ranch Sliders 1,3 SIDES AND SAUCES Chips (v), Mushy Peas (vg), Baked Beans (vg) Chip Shop Gravy (vg) Tartare (v)	JACKET BAR Jacket Potatoes (vg) Tuna Mayo 8 Baked Beans (vg) GRAB & GO Filled Mezzaluna Flatbread 1,3	SALAD Zesty Puy Lentil(vg) Edamame, Green Bean & Cucumber Dressed Salad 6(vg) Thyme Roasted Beetroot (vg) Poke Bowls Cucumber (vg), Tomato (vg), Mixed Leaf Salad (vg), Edamame 6 (vg), Sliced Red Cabbage (vg)	Cookies 1,2,3,6(v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6(v) Chia Overnight Oats 1 (vg)	

ALLERGEN SYMBOLS:

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- 2. Egg 3. Milk
- 4. Nuts
- 5. Peanuts 6. Soya 7. Sesame
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