

LUNCH MENU - WEEK 2

Weeks Commencing: 27/4 18/5 15/6 6/7

(v) vegetarian, (vg) vegan

	KITCHEN FAVOURITES	WORLD TOUR	MARKET FRESH	SOMETHING SWEET	
MONDAY	<p>SOUP Pea and Watercress (vg)</p> <p>MAINS BOSH Veggie Bolognaise (vg) Pasta Bolognaise 1</p> <p>SIDES Garlic Bread 1 Broccoli Parmesan 3 Italian Salad 1</p>	<p>MEDITERRANEAN</p> <p>Spaghetti Carbonara 1,3</p> <p>SIDES Garlic Bread 1 Broccoli Parmesan 3 Italian Salad</p>	<p>JACKETS BAR</p> <p>Hasselback Potatoes Jacket Potatoes Sweet Potato Grated Cheddar 3 Tuna Mayonnaise 2,8 Baked Beans (vg) Coronation Chicken</p>	<p>SALAD</p> <p>Chilli, Lime & Roasted Corn Salad Broccoli, Red Onion & Feta Edamame Crunch Salad Minted Peas</p>	<p>School Cake 1,3 (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats (vg)</p>
TUESDAY	<p>SOUP Vegetable pistou with orzo 1 (vg)</p> <p>MAINS Battered Cauliflower bites with Miso and spring onion Mayo and crispy kale 1,6 Warm Chicken Caesar Salad 1, 2, 3, 8</p> <p>SIDES Herby Crisp Parmentier Corn</p>	<p>ASIA</p> <p>Chilli Beef Enchilada 1,3</p> <p>Sides Sour Cream 1 Guacamole Salsa Mexican Rice</p>	<p>JACKET AND PASTA BAR</p> <p>Jacket Potatoes (vg) Pasta 1 (vg) Cheese Sauce 1,3(v) Grated Cheddar 3, Parmesan 3, Garlic Bread 1, Crispy Onions, Basil Pesto, Olive Oil Baked Beans (vg)</p>	<p>SALAD</p> <p>Mediterranean Pasta Salad Spiralized Veg Salad Cobb Salad Sweetcorn & Pepper</p>	<p>Multiseed Flapjack 1,2,3 (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats (vg)</p>
WEDNESDAY	<p>SOUP Broccoli and Cheddar 3 (vg)</p> <p>MAINS Baked Portobello Mushroom with Spinach & Ricotta 3,1 Slow Cooked Pork Bap with Apple Sauce & Crispy Onions 1</p> <p>SIDES Roast Potatoes (vg), Coleslaw Mixed Salad</p>	<p>Asia</p> <p>Thai Green Chicken Curry Bowl</p> <p>SIDES Sticky Jasmine Rice Broccoli</p>	<p>JACKET AND PASTA BAR</p> <p>Jacket Potatoes (vg) Pasta 1 (vg) Spicy Tomato (vg) Grated Cheddar 3, Parmesan 3, Garlic Bread 1, Crispy Onions, Basil Pesto, Olive Oil Baked Beans (vg)</p>	<p>SALAD</p> <p>Curried Butterbean Salad French Carrot Salad Roasted Sweet Potato with Cranberries & Spinach Beetroot & Feta</p>	<p>Chocolate Sponge with Chocolate Sauce 1,2,3 (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats (vg)</p>

ALLERGENS: If you have an allergy or intolerance, please speak to a member of our catering team before you consume any food or drink. The written allergen information that we provide details the 14 major allergens that are contained in the ingredients. If you require further information about the presence of unintentional allergens (may contains), please ask us so that we can help you with your choice. If you are a regular customer, please continue to ask a member of our team as recipes and ingredients change.

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KITCHEN FAVOURITES

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THURSDAY

<p>SOUP Tomato & Pesto (vg)</p> <p>MAINS Katsu Sweet Potato 1 (vg) Katsu Chicken 1,2,3</p> <p>SIDES Steamed Rice Japanese Slaw Stir-fried Greens</p>	<p>ASIA</p> <p>MAINS Vietnamese Bahn Mi 1</p>	<p>JACKET AND PASTA BAR</p> <p>Jacket Potatoes (vg) Pasta 1(vg) Tomato & Mascarpone 3 (v) Grated Cheddar 3, Parmesan 3, Garlic Bread 1, Crispy Onions, Basil Pesto, Olive Oil Baked Beans (vg)</p>	<p>SALAD</p> <p>Fattoush Salad Indian Bean & Broccoli Salad Courgette, Feta & Mint salad Edamame</p>	<p>Carrot Cake with Cream Cheese Frosting 1,2,3 (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats (vg)</p>
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FRIDAY

<p>SOUP Noodle Soup with Coconut and Lemongrass (vg)</p> <p>MAINS Breaded Pollock 1,8</p> <p>SIDES Skinny Fries(v) Tartare Sauce (v) Mushy Peas (vg) Baked Beans (vg), Chip Shop Curry Sauce (vg)</p>	<p>AMERICAS</p> <p>MAINS Pizza Bar 1,3</p> <p>SIDES AND SAUCES Skinny Fries (v), Mushy Peas (vg), Baked Beans (vg) Chip Shop Gravy (vg) Tartare (v)</p>	<p>JACKET BAR</p> <p>Jacket Potatoes (vg) Tuna Mayo 8 Baked Beans (vg)</p> <p>GRAB & GO Pizza Bar 1,3</p>	<p>SALAD</p> <p>Salad of the Day Green Orzo Salad Mixed Bean Salad</p>	<p>Shortbread Rounds 1 (v) Fresh Fruit (vg) Yoghurt & Granola 1,3,6 (v) Chia Overnight Oats (vg)</p>
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Daily Salad Bar

Mixed Leaf Salad.(vg) Tomatoes(vg)
Cucumber Chunks(vg)
Coleslaw(vg) 3
Croutons. Toasted Seeds.
Crispy Onions

ALLERGEN SYMBOLS:

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|------------------------------|----------------|
| 1. Cereals containing gluten | 8. Fish |
| 2. Egg | 9. Crustaceans |
| 3. Milk | 10. Celery |
| 4. Nuts | 11. Mustard |
| 5. Peanuts | 12. Lupin |
| 6. Soya | 13. Molluscs |
| 7. Sesame | 14. Sulphites |

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